



Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Milk or Water Homemade Oatmeal Kasha Sliced Apples	Breakfast: Warm Herbal Tea Homemade Omelet with Bread & Cream Cheese Orange Wedges	Breakfast: Milk or Water Fortified Cereal Strawberries	Breakfast: Homemade Compote Homemade Crepes (Blinchiki) Sliced Apples	Breakfast: Milk or Water Homemade Vermicelli Kasha Orange Wedges
Lunch: Water Sliced Bread Homemade Tomato Soup Homemade Cheese Quesadilla Cucumber & Tomato Salad	Lunch: Water Sliced Bread Homemade Borscht Soup Baked Chicken Nuggets Cucumber & Tomato Salad	Lunch: Water Sliced Bread Homemade Chicken Noodle Soup Homemade Pierogies with Meat Sliced Tomatoes	Lunch: Water Sliced Bread Homemade Rasolnik Soup Fish Fillets Cucumber & Tomato Salad	Lunch: Water Sliced Bread Homemade Mushroom Soup Homemade Turkey Panini Cucumber & Tomato Salad
Snack: Water Homemade Spaghetti with Marinara Sauce Sliced Watermelon	Snack: Water Homemade Rice with Vegetables Orange Wedges	Snack: Water Potato Vareniki (Dumplings) Sliced Apples	Snack: Water Homemade Mashed Potatoes with Chicken Cutlets Mandarins	Snack: Water Yogurt with Oatmeal Cookies Strawberries

WATER IS SERVED TO CHILDREN THROUGHOUT THE DAY

From 6:00 p.m. to 6:30 p.m. Children will receive cookies

*** Menu changes on a monthly basis. With the help of our nutrition consultant we make smart choices for your child from every food group.